



Stand Out

METRO Youth



Stand Out is a free and confidential youth group and service for lesbian, gay, bisexual, transgender & questioning (LGBTQ) young people aged 16-25 in Medway.

METRO Stand Out is funded by Medway Council

**A BETTER
MEDWAY**
Easier ways to be healthy

For more information please contact:
youth@metrocentreonline.org | 020 8305 5004

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METRO
Embrace Difference

Charity Number 1070582



METRO Stand Out is a free and confidential service for lesbian, gay, bisexual, transgender & questioning (LGBTQ) young people in Medway including a youth group, information surgery and the chance to plan the first ever Medway LGBTQ youth summit.

The **Stand Out** Youth Group:

- is a friendly and safe place to meet other young LGBTQ people
- is a confidential and free place to get support
- has a monthly information surgery to find out what further services and opportunities are available
- will be responsible for planning, organising and delivering the first Medway LGBTQ youth summit in Spring 2015

Stand Out is part of METRO Youth providing a range of services for LGBTQ young people across London and the South East.

**METRO Stand Out
Youth Group**
meets every
Tuesday evening
in Medway

Contact us first if you are interested
or to refer a young person

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